# Kathryn Smith, BSc (OT) Doctoral Student - AIR Falmouth University Consultant Occupational Therapist

**HPC Council Registration: OT24204** 

British Occupational Therapy Association: BT0213823/South West 25153

Sensory Integration Network Director and Member no: 55001566

# **Employment:**

#### **Current:**

Doctoral Student – AIR Falmouth University (started September 2013)

Director and Chair of Innovation and Development, Sensory Integration Network (UK and Ireland) www.sensoryintegration.org.uk (2010- current)

Lecturer - SI Network Master's Programme, University of Ulster [2011 – current]

Director - MBB Connections Ltd [2007 – current] Training and Therapy Consultancy:

- Commissioned by health, education and social care to provide individual therapy to complex clients
- Commissioned by education and social care to provide training about sensory processing and motor co-ordination disorders for schools and inset days
- Isles of Scilly Council: 2012/2013 I year project: Assessment of children with motor co-ordination and sensory processing difficulties contract renewal for intervention phase for 2013/2014 academic year agreed.
- Merlin MS Centre provision of Occupational Therapy assessment and intervention to MS Centre users and planned services to Isles of Scilly

Chair - The Sensory Project - Cornwall [2007 - current] — Local parent empowerment project 2006-2010 - Lecturer — SI Network Master's programme, University of Cardiff [2006 — 2010] until programme moved to Ulster University in 2010.

2004 – 2007 - Lead Occupational Therapist - Cornwall Partnership NHS Foundation Trust

1997 – 2003 - Prior roles were Occupational Therapist (Senior 1) Cornwall Partnership NHS Foundation Trust

1995 – 1996 - Neuro OT, Stroke Unit, City Hospital

1992 – 1995 Occupational Therapist CP Special School, South Africa and Community Services

## Research/Audit Experience:

2009

 Personality Disorder Service Review and Clinical Audit, Cornwall Partnership NHS Foundation Trust

2006

- Research Project and Pilot: Sensory Processing and Personality Disorder
- Development of this project to a full study project proposal and successful ethics application – service delivery, policy and operational changes led to the ending of this project before completion.

2004

- Clinical Audit Occupational Therapy in Inpatient Units
- 2 Single Case Studies for Cornwall Partnership NHS Trust Board Sensory Processing in Mental Health

#### 2003 - 2005

- Developmental Co-ordination Disorder in Cornish Primary Schools Primary author of Research Study Proposal, Study including Ethics Application
- Developmental Co-ordination Disorder in Cornish School Study Report Publication
- Poster Presentation Developmental Co-ordination Disorder in Cornish Schools DCD International Conference New Zealand

# **Publications Accepted and Printed Work**

- Shankar, Smith and Jalihal (2013) Sensory processing in people with Asperger syndrome. Learning Disability Practice; 16:2
- Brown S, Shankar R, Smith K, Allwright H (2009). Borderline personality disorder and impairment of sensory processing. Progress in Neurology and Psychiatry August 2009.
- Brown S, Shankar R, Smith K, Turner A, Wyndham Smith T (2006). Sensory Processing Disorder in mental health. Occupational Therapy News. May 2006
- Brown S, Shankar R, Smith K (2006). Sensory Processing Disorder and Borderline Personality Disorder Sensory Net (Sensory integration network newsletter) November 2006: 19-20.
- Co Author Healthy Eating Skills Training Cards (BILD 1997)
- Contributor Parenting Skills Assessment Manual (Mc Gaw et al 1999)

# Awards/Experience:

#### 2012

- Appointed as Chair, Organising Committee 4<sup>th</sup> European Congress of Sensory Integration, UK 2015
- Director responsible for launch of 'emphaSize' newsflyer and online forums Sensory Integration (UK and Ireland)

#### 2011

- Director responsible for rebranding relaunch, including co-editor Sensornet Publication –
   Sensory Integration (UK and Ireland)
- Director responsible for launch of social media campaign including corporate Facebook page, Twitter and Amazon Shop, Sensory Integration (UK and Ireland)

#### 2010

 Director responsible for organisation and website rebrand and relaunch including tender process, Sensory Integration Network (UK and Ireland)

## 2009

- Establishment of Adult Accessible Sensory Integration Clinic Devoran
- Appointed Lecturer Cardiff University Clinical Reasoning in Sensory Integration Master's Module, Sensory Integration Network (UK and Ireland)

#### 2008

Nominated to Director for Sensory Integration Network (UK and Ireland)

#### 2007

- Invitation to 'Innovation and Research Consultation' with Patricia Hewitt Secretary of State for Health
- Nominated to Sensory Integration Network Executive Committee
- 'In recognition of her clinical ability, innovative spirit and passion to develop Sensory Integration approaches for mental health settings', she was awarded 'Occupational Therapist of the Year' in 2007 by the British Association of Occupational Therapy.
- 'Medical Futures and Un Ltd Award' for establishment of 'Parenting Thro the Senses' and Sensory Project (www.sensoryproject.com), a not-for-profit organisation providing information, resources and training to local service users and parents of young people with sensory processing disorder, including 'Parenting thro the Senses' groups in Truro and St Austell.
- Ladder of Arousal Smith (2007)

#### 2006

- Co-opted to Sensory Integration Network Executive Committee
- Course Co-developer and Lecturer Cardiff University Master's Module Introduction to Neuroscience (Adolescents, Adults and Older Adults - Mental Health and Learning Disabilities), Sensory Integration Network (UK and Ireland)
- · Establishment of Mobile Sensory Integration Clinic, Cornwall

#### 2005

• Co-inventor and Patent holder of the Be Smart Cart, 'sensory room in a box' - Medical Futures Finalist securing seed funding to manufacture the prototype, Managed design project in conjunction with staff and service users and a local design firm.

# 2000 - 2005

- Calming, Alerting and Triggers Sensory Assessment Tool Smith and G (2005)
- Sensory Spider Smith (2003)
- Contributor Cornwall DCD Project 'Top to Toe' pack (Cornwall County Council 2003)
- Author and Editor Cornwall DCD Project 'Funfit' Book (Cornwall County Council 2003)
- Sensory Levels Smith and Turner (2002)
- Sensory Choices Checklist Smith and Turner (2001) with help from CPT Service users.
   Cornwall Partnerships NHS Trust, UK
- Special Parenting Documentary ITV 1999.

# 1995 - 2000

Lifeskills Training Game: Bakubang Island (Tswellang School, South Africa 1994/1995),

# **Recent Presentations/Conference Attendance:**

## 2007

Sensory Integration in Palliative Care 'Innovation' for NHS Innovation South West

#### 2008

Sensory Processing, Neurorehab and Ageing – Plymouth University - Allied Health Professions CPD Keynote Address for the National OT CAMHS Conference, Northampton 'Innovation' at the Hampshire Occupational Therapist Conference, Southhampton

#### 2009

Regional Allied Health Professions Conference - Exeter
Workshop and Posters - College of Occupational Therapy Annual Conference, Brighton
Regional DDREG Conference with Consultant Psychiatrist Dr Rohit Shankar, Exeter
Healthcare Innovation Expo – Innovation House – Be Smart Cart – Making a Prototype, ExCEL

#### 2010

<u>Bridge 2010</u> - 'Sensory Processing approaches for Learning Disability Settings' with OT and Psychiatry colleagues at the International Intellectual Disability Conference

#### 2011

PostersPresentation with Sensory Integration Network at the National Autistic Society Professional Conference, Manchester

Healthcare Innovation Expo – Innovation Garden – Be Smart Cart Innovation Journey, ExCEL 2nd European Congress of Sensory Integration, Portugal:

Smith (2011) Parenting through the Senses – Poster

Smith and Urwin (2011) - Innovative Approaches to Sensory Integration - Workshop

Smith and Urwin (2011) - Innovative Sensory Integration Practice

National Autistic Society: Sensory Processing and Autism 2011 – Co-convenor Co-Editor Sensornet Publication – SI Network UK and Ireland

#### 2012

SI in MH and SI Innovation: Poster Presentations, SI Network at R2K Los Angeles, USA National Autistic Society: Sensory Processing and Autism 2012

Co-Editor Sensornet Publication – SI Network UK and Ireland

Webmaster and Social Media SI Network

#### 2013

**British Occupational Therapy Association Annual Conference – Exhibitor Stand and Workshop** Sensory Integration in Mental Health

Sensory Processing and Mental Health - The OT Show – Birmingham 26<sup>th</sup>/27<sup>th</sup> November 2013

#### 2014

SI Network Director Representative - 3<sup>rd</sup> European Congress of Sensory Integration – Finland June

# 2015

Conference Committee Chair – 4<sup>th</sup> European Congress of Sensory Integration – London, ETC Venues St Pauls 11<sup>th</sup> 12<sup>th</sup> September 2015